

YORKSHIRE PUDDING (DAIRY FREE)

Ingredients:

- 3 eggs
- 115 grams flour
- 285 ml oat milk
- pinch of sea salt
- vegetable oil (for tray)



Instructions:

- (1) Preheat oven to 450. While it is heating, whisk together (thoroughly) the eggs, flour, oat milk, and salt.
- (2) Pour 1/2 teaspoon vegetable oil into each compartment of a muffin tray and put the tray in the oven to preheat.
- (3) After tray is hot (≤ 5 min), remove tray and fill each compartment about 3/4 full of mixture. Work quickly.
- (4) Bake for 15 minutes, then turn oven down to 150 (or else as low as it goes) and leave in for additional 10 minutes. Serve immediately.